

**FOR IMMEDIATE RELEASE**

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**Communicating Cancer to Children**

To Life! January 31 Education Program To Explore How to Talk to Children About Illness

DELMAR, NY (January 2, 2002)—Is there a right or wrong way to tell your child you have cancer? What should you consider before disclosing your illness to your child? How do you determine how much your child should know? Moreover, what support will your children need and where can you find it?

To Life! will host a free-of-charge education program, “Communicating Cancer to Children” on Thursday, Jan. 31 from 6 p.m. to 8 p.m. at the Italian American Community Center, Washington Avenue Extension in Albany. Program registration is required at: 439-5975 or [info@ToLife.org](mailto:info@ToLife.org).

“Unfortunately, cancer impacts our relationships with everyone, especially our children,” said Mara Ginsberg, To Life! President. “Knowing how to effectively talk to your children about cancer will determine how they cope with the news and, more importantly, will positively influence your relationship with them.”

A panel of breast cancer survivors, their children and a psychologist will provide insight into different approaches for comforting your child, addressing their concerns and responding to their fears while you are working on your recovery.

***The panel:***

- Mara Ginsberg, Founder of To Life! and breast cancer survivor
- Lauren Ayers, Ph.D., Psychologist and To Life! Board Member
- Debra Nozik, MSW, Social Worker in Private Practice, Breast Cancer Survivor & Mother
- Janet Perloff-Fossett, Ph.D.
- Ava Charne, Breast cancer survivor and daughters Robyn & Tina Avellino

To Life! is a non-profit organization based in Delmar, NY, whose mission is to educate our community about breast cancer detection and treatments and related health matters; and to provide support services to breast cancer patients, caregivers, family and friends.

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