

FOR IMMEDIATE RELEASE

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To Life! and Centro Civico of Amsterdam Present
Perspectives on Breast Health

Albany, NY (March 5, 2003): Information on breast health and breast cancer awareness from the viewpoints of a family physician, nurses and breast cancer survivors will be presented at the **To Life!** education program on **Tuesday, March 25** from **6 p.m. to 8 p.m.** at **Centro Civico of Amsterdam.**

To Life! is a non-profit organization providing free-of-charge breast cancer education and support services in a 10-county region, including and surrounding Albany County.

Perspectives on Breast Health presenters include **Dr. Michael Sheridan**, Family Medicine physician, Amsterdam; **Sister Rita Jean Dubrey**, CSJ, RN, MSW, director, Center for Complementary Therapies, St. Mary's Hospital, Amsterdam; **Theresa Kwiatkowska**, RN, breast cancer survivor; and **Linda Rourk**, breast cancer survivor.

Centro Civico, co-host of the program, is located at 143-145 East Main Street in Amsterdam, NY.

The March 25 program is part of To Life!'s collaboration with Centro Civico offering breast self-examination training and other breast health education to Montgomery County's Hispanic community. This partnership is made possible with funding from the Albany Affiliate of the Susan G. Komen Breast Cancer Foundation.

Advance registration is recommended for this **free-of-charge** program. For more information and to register, please call To Life! at **439-5975** or e-mail **ToLife@msn.com**.

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